



# Mrs. Karissa's School Age October 2018



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 AM: Banana &amp; cereal  PM: Oh! Canada! Snack: Pancakes and applesauce</p>	<p>2 AM: English Muffin/Waffle, fruit  PM: England Snack: Tea Time!</p>	<p>3 AM: Fruit cup and French toast  PM: France Snack: Cheese, Crackers, Grape juice</p>	<p>4 AM: Apple sauce &amp; bagel  PM: Spain Snack: Chips and Salsa</p>	<p>5 AM: Pop tarts and milk  PM: Germany Snack: Apple Streusel and Milk</p>
<p>8 AM: Fruit and cereal  PM: Italy Snack: applesauce and Italian cookies</p>	<p>9 AM: Hash brown and pancake  PM: Greece Snack: Pita, hummus, and veggies</p>	<p>10 AM: Beale and fruit  PM: Turkey Snack: Apples and Yogurt</p>	<p>11 AM: Waffle and Fruit  PM: Morocco Snack: couscous, crackers, and cheese</p>	<p>12 AM: Cinnamon rolls and milk  PM: Egypt Snack: mummy dogs and apples</p>
<p>15 AM: Fruit and oatmeal  PM: Kenya Snack: fruit and graham crackers</p>	<p>16 AM: Pancake and sausage  PM: Saudi Arabia Snack: crackers and cheese</p>	<p>17 AM: Fruit cup and bagel  PM: Israel Snack: Challah and apples</p>	<p>18 AM: Apple sauce and pancake  PM: Russia Snack: Potato pancakes and applesauce</p>	<p>19 AM: Pop tarts and Milk  PM: India Snack: naan and jelly</p>
<p>22 AM: Fruit and oatmeal  PM: China Snack: Veggies straws and juice</p>	<p>23 AM: Waffle and hash brown  PM: Japan Snack: fruit, rice crispy balls</p>	<p>24 AM: Bagel and Fruit  PM: Indonesia Snack: pretzels and juice</p>	<p>25 AM: Pop tarts and Milk  PM: Australia Snack: apples and yogurt</p>	<p>26 AM: Breakfast Burrito  PM: Mexico Snack: chips and salsa</p>
<p>29 AM: Cereal and fruit  PM: World Celebrations day! Snack: party food</p>	<p>30</p>	<p>31</p>	<p><b>Theme: Around the world</b>  <b>This month school age will be making a passport and adding stamps for each country. We will add a flag, try food, and learn about other countries.</b></p>	

**\*AM- 6:00 – 7:15 gym, 7:15 – 9:00 – games, Legos, coloring**