



Mrs. Karissa's School Age February 2019



Monday	Tuesday	Wednesday	Thursday	Friday
This month we will be celebrating some of the men and women of the Abolitionist and Civil Rights Movements.				1
<p>4</p> <p>AM: Oatmeal and Fruit PM: Bugles and Juice</p> <p>Phillis Wheatley: Poetry Project</p>	<p>5</p> <p>AM: Pancakes and Milk PM: Chips and Salsa</p> <p>Olouda Equiano: My Story</p>	<p>6</p> <p>AM: Bagel/Toast and Juice PM: Fruit and Yogurt</p> <p>Harriet Beecher Stowe: Uncle Tom's Cabin</p>	<p>7</p> <p>AM: Cereal and Fruit PM: Veggie Straws and juice</p> <p>Frederick Douglas: Hometown Hero</p>	<p>8</p> <p>AM: Pop Tarts and Milk PM: Popcorn and Fruit</p> <p>Susan B. Anthony: Woman with a cause</p>
<p>11</p> <p>AM: Cereal and Fruit PM: Cheese and Crackers</p> <p>Harriet Tubman: Follow the Drinking Gourd</p>	<p>12</p> <p>AM: Waffles and Milk PM: Chips and Salsa</p> <p>Sojourner Truth: Run to Freedom</p>	<p>13</p> <p>AM: Bagel/Toast and Juice PM: Graham Crackers and Apple Sauce</p> <p>Elizabeth Freeman: Won her Freedom</p>	<p>14</p> <p>AM: Pancakes and Fruit PM: Pretzels and Juice</p> <p>Thaddeus Stevens: Writer of the 14th Amendment</p>	<p>15</p> <p>AM: French toast and Milk PM: Granola bars and Milk</p> <p>William Wilberforce: Abolition in England</p>
<p>18</p> <p>AM: Oatmeal and Fruit PM: Bugles and Juice</p> <p>Jesse Owens: Olympian</p>	<p>19</p> <p>AM: Pancakes and Milk PM: Chips and Salsa</p> <p>Jackie Robinson: Baseball Legend</p>	<p>20</p> <p>AM: Bagel/Toast and Juice PM: Fruit and Yogurt</p> <p>Althea Gibson: Tennis and Golf Champion</p>	<p>21</p> <p>AM: Cereal and Fruit PM: Veggie Straws and juice</p> <p>Wilma Rudolph: Track Star</p>	<p>22</p> <p>AM: Pop Tarts and Milk PM: Popcorn and Fruit</p> <p>Hank Aaron: Home run Hall of Fame</p>
<p>25</p> <p>AM: Cereal and Fruit PM: Cheese and Crackers</p> <p>Richard Allen: God Doesn't Segregate</p>	<p>26</p> <p>AM: Waffles and Milk PM: Chips and Salsa</p> <p>Ella Baker: Backbone of the Civil Rights Movement</p>	<p>27</p> <p>AM: Bagel/Toast and Juice PM: Graham Crackers and Apple Sauce</p> <p>Martin Luther King Jr.: A man of peace and hope</p>	<p>28</p> <p>AM: Pancakes and Fruit PM: Pretzels and Juice</p> <p>Ruby Bridges and the Little Rock Nine: Going to School</p>	